



SEMAINE DU 10 AU 14 MAI 2021

Lycée Français de
Kuala Lumpur
LFKL
Henri Fauconnier
MENU MAI 2021



	LUNDI 10-May-21	MARDI 11-May-21	MERCREDI 12-May-21	JEUDI 13-May-21	VENDREDI 14-May-21
STARTER	FEUILLETE DE SAUCISSE	SALADE MIXTE (salade verte , tomate,fromage et crouton)		JOUR FERIE	JOUR FERIE
WESTERN	SPAGHETTI SAUCE BOLOGNAISE(bœuf)	ROTI D'AGNEAU SEMOULE AU BEURRE MELI MELO BROCOLIS/CHOUX FLEURS			
ASIAN	FISH TEMPURA SWEET AND SOUR SAUCE	BEEF RENDANG BRIYANI RICE			
	FRIED CABBAGES	ACAR JELATAH			
	RICE				
DAIRY	PLAIN YOGURT	FROMAGE			
FRUIT		FLAN VANILLE			
HOME MADE DESSERT	FRUIT				

Information & Privilege:

All the food served are Halal

Menu may change according to food supply seasons

Delischool Healthy Food Guidelines

No added salt in cooking. All our food is MSG (monosodium glutamate) free

We reduce saturated fat, the sugar content and artificial coloring in our production

We bake, grill and steam rather than fry

Guaranteed nut-free, palm oil free, Glutamate and Ajinomoto free





SEMAINE DU 17 AU 21 MAI 2021

Lycée Français de
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MENU MAI 2021



MENU ITALIAE

	LUNDI 17-May-21	MARDI 18-May-21	MERCREDI 19-May-21	JEUDI 20-May-21	VENDREDI 21-May-21
STARTER	JAMBON DE DINDE CORNICHON	SALADE DE POMME DE TERRE BETTERAVE, OEUF DUR	OEUF MIMOSA	ASSORTIMENT DE PIZZA	POTAGE CULTIVATEUR ou SALADE DU JOUR
WESTERN	BLANC DE POULET SAUCE BARBECUE QUARTIER DE POMME DE TERRE GARTIN DE COURGETTES	FILET DE SAUMON GRILLE SAUCE VIERGE RIZ PILAF HARICOTS VERTS SAUTES PERSILLADE	CORDON BLEU DE VOLAILLE et fromage GRATIN DAUPHINOIS SALADE MIXTE	BOULETTE DE VIANDE POULET OU BOEUF SAUCE NAPOLITAINE PENNE AU BASILIC AUBERGINES ET COURGETTES GRILLEES	BOEUF BOURGUIGNON SEMOULE AU BEURRE JARDINIERE DE LEGUMES BRAISEE
ASIAN	FISH LIGHT CURRY SAUCE BUTTER RICE MIXED VEGETABLES	FRIED BEEHOON SQUID SAMBAL FRIED BEANS SPROUTS	FRIED RICE FRIED CHICKEN TURMERIC SAUTEED FRENCH BEANS	CHICKEN RICE ROASTED CHICKEN SALAD, CUCUMBERS & TOMATOES	NOODLE SOUP STEAM CHICKEN STEAMED VEGETABLES
DAIRY	YAOURT AUX FRUITS	BRIE	ASSIETTE DE FROMAGE		CRÈME DE GRUYERE
FRUIT	PAPAYE			COCKTAIL PORTOFINO (boisson aux fruits frais)	SALADE DE FRUITS CUIITS
HOME MADE DESSERT		FLAN VANILLE	SALADE DE POMMES AU CAMEL	PANACOTA	

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SEMAINE DU 24 AU 28 MAI 2021



MENU MAI 2021



MENU USA
VENDREDI
28-May-21

	LUNDI 24-May-21	MARDI 25-May-21	MERCREDI 26-May-21	JEUDI 27-May-21	MENU USA VENDREDI 28-May-21
STARTER	SALADE DE SAUMON FUME	FEUILLETTE A LA SAUCISSE DE POULET	SALADE NICOISE	VELOUTE DE POTIRON ou SALADE DU JOUR	BEIGNET A L'OIGNON ou SALADE DU JOUR
WESTERN	PICATTA DE POULET SAUCE AU BLEU COQUILLETES FROMAGE RAPE COURGETTES SAUTEES EN PERSILLADE	FILET DE POISSON A LA SEITOISE ET SON AIOLI POMME DE TERRE VAPEUR LEGUMES CROQUANTS	ROTI DAGNEAU AUX POIVRE VERTS POMME ANNA SALADE VERTE ET COPEAUX DE PARMESAN	LASAGNE AU BŒUF AUBERGINES BRAISEES SALADE MIXTE	HOT DOG (saucisse de poulet) POMME FRITES SALADE DE CHOUX
ASIAN	BEEF CURRY RICE SAUTEED MIXED VEGETABLES	BAKSO WITH CONDIMENTS BEEF BALL	RICE EGG FOO YOUNG MIXED VEGETABLES	TOMATO RICE CHICKEN CURRY FRIED CABBAGES TURMERIC	FRIED NOODLES EGGS SAMBAL SIEW PAK CHOY
DAIRY	EMMENTAL	YAOURT AU CHOCOLAT	BLEU	YAOURT AUX FRUITS	YAOURT A BOIRE
FRUIT		PECHE AU SIROP		MANGO	
HOME MADE DESSERT	CRUMBLE AUX FRUITS ROUGES		TARTE TATIN		BROWNIES

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SEMAINE DU 31 MAY 2021



	LUNDI 31-May-21	MARDI 11-May-21	MERCREDI 12-May-21	JEUDI 13-May-21	VENDREDI 14-May-21
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- STARTER
- WESTERN
- ASIAN
- DAIRY
- FRUIT
- HOME MADE DESSERT

STARTER	ASSIETTE DE CHORIZO ET OLIVES				
WESTERN	ESCALOPE DE POULET MILANAISE (PANE) SPAGHETTI COULIS DE TOMATE BROCOLIS VAPEUR				
ASIAN	SQUID TURMERIC FRIED CABBAGES RICE				
DAIRY	YAOURT A LA VANILLE				
FRUIT	MELON				
HOME MADE DESSERT					

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LUNDI MARDI MERCREDI JEUDI VENDREDI

STARTER
WESTERN
ASIAN
DAIRY
FRUIT
HOME MADE DESSERT

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